

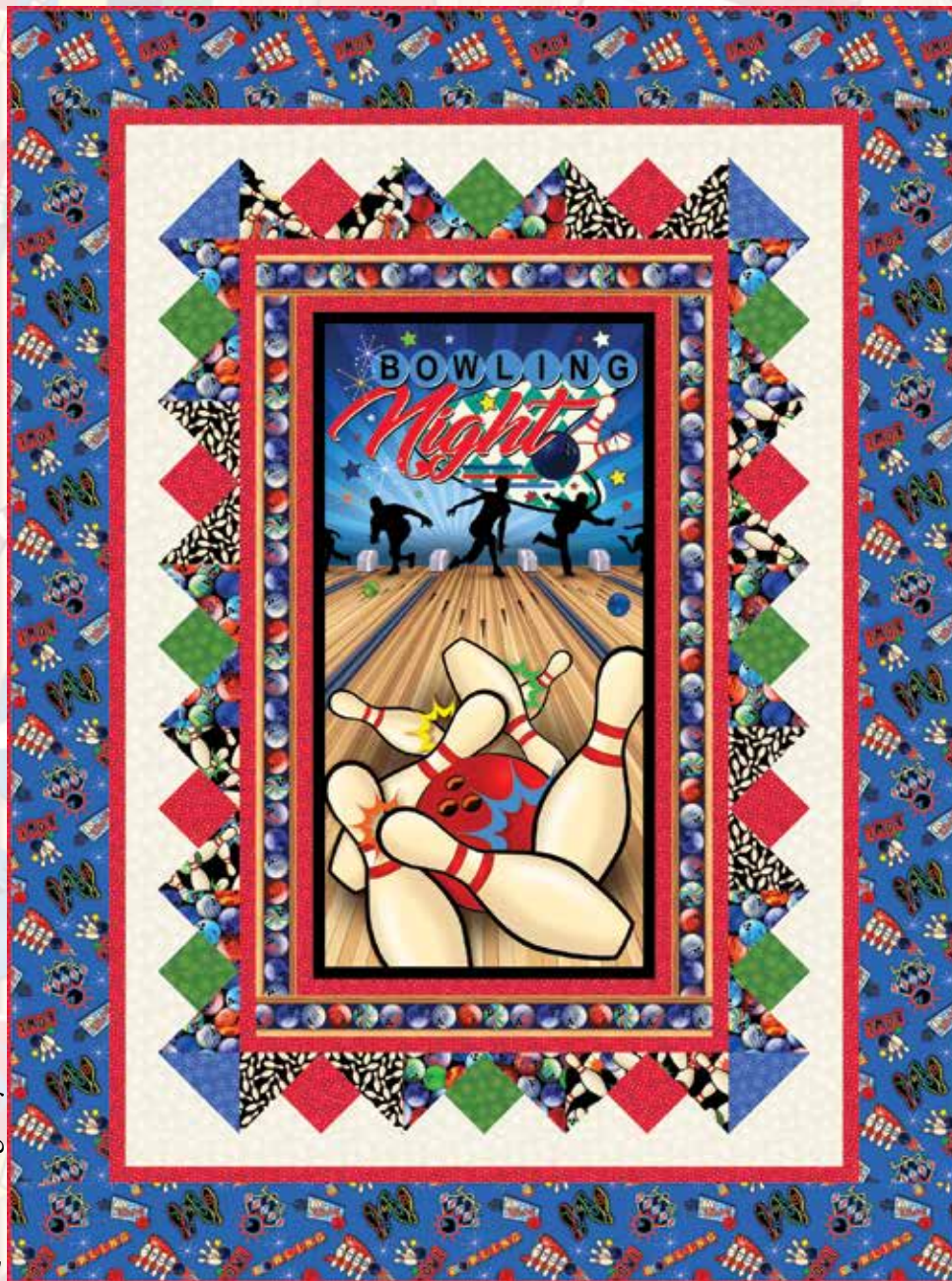
Rock 'N Bowl

A Free Project Sheet
NOT FOR RESALE

By Satin Moon Designs

Quilt 1

Quilt Design by Heidi Pridemore



Skill Level: Advanced Beginner



facebook

Finished Quilt Size: 58" x 78"
49 West 37th Street, 14th floor, New York, NY 10018
Toll Free: 800-294-9495
fax: 212-679-4578
www.blankquilting.net

Please check our website for pattern updates before starting this project.

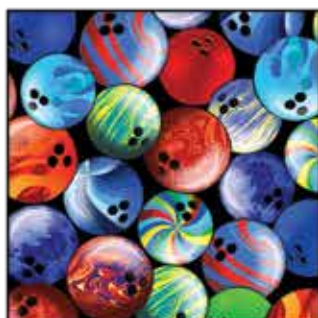
ROCK 'N BOWL Quilt 1

Finished Quilt Size: 58" x 78"

Fabrics in the Rock 'N Bowl Collection



Bowling Pins With Balls
Black – 2183-99



Bowling Balls
Dark Blue – 2184-77



Bowling Ball Stripe
Dark Blue – 2185-77



Bowling Pins, Balls & Signs
Black – 2186-99



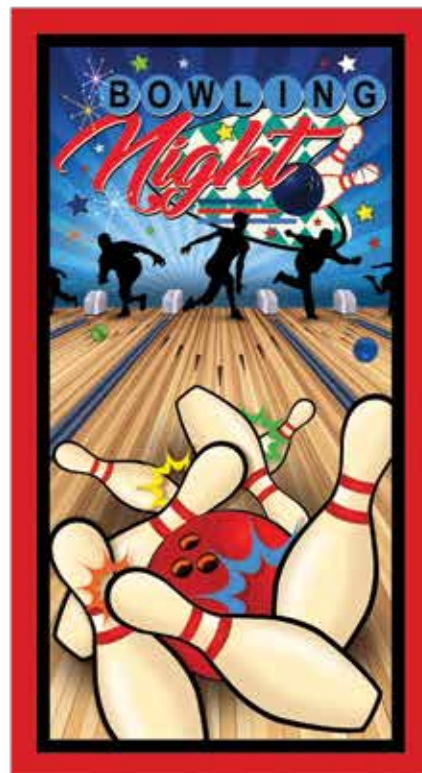
Tossed Neon Bowling Signs
Medium Blue – 2187-75



Tossed Bowling Elements
Tan – 2188-35



Tossed Bowling Pins
Black – 2189-99



Bowling Panel - 24 inches
Tan – 2190P-35

Select Fabrics from the Starlet Collection



Ivory
6383-Ivory



Kelly
6383-Kelly



Red
6383-Red



Royal
6383-Royal

ROCK 'N BOWL

Quilt 1

Page 1

Materials

1 panel	Bowling Panel-24 inches - Tan (A)	2190P-35
1 ½ yards	Starlet - Red (B)	6383-Red*
1 ¼ yards	Bowling Ball Stripe - Dark Blue (C)	2185-77
¼ yard	Bowling Pins with Balls - Black (D)	2183-99
¼ yard	Starlet - Royal (E)	6383-Royal
¼ yard	Starlet - Kelly (F)	6383-Kelly
½ yard	Bowling Balls - Dark Blue (G)	2184-77
¼ yard	Tossed Bowling Pins - Black (H)	2189-99
1 yard	Starlet - Ivory (I)	6383-Ivory
1 ⅜ yards	Tossed Neon Bowling Signs - Medium Blue (J)	2187-75
5 yards	Bowling Pins, Balls & Signs - Black (Backing)	2186-99

*Includes binding

Batting: 66" x 86"

(Recommended: Air Lite® Colour Me 100% Cotton)

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage unless otherwise noted.

From the Bowling Panel-24 inches - Tan (A):

- Fussy cut (1) 21 ½" x 41 ½" rectangle, centered on the panel.

From the Starlet - Red (B), cut:

- (1) 6 ¼" x WOF strip. Sub-cut (4) 6 ¼" squares. Cut the squares across both diagonals to make (16) 6 ¼" triangles.
- (2) 2" x 41 ½" WOF strips.
- (2) 2" x 24 ½" WOF strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 48 ½" strips.
- (2) 1 ½" x 30 ½" WOF strips.
- (4) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 64 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 46 ½" strips.
- (7) 2 ½" x WOF strips for the binding.

From the Bowling Ball Stripe - Dark Blue (C), fussy cut:

- (2) 3" x 43 ½" Length of Fabric (LOF) strips.
- (2) 3" x 28 ½" LOF strips.

From the Bowling Pins with Balls - Black (D), cut:

- (1) 5 ⅞" x WOF strip. Sub-cut (4) 5 ⅞" squares. Cut the squares across (1) diagonal to make (8) 5 ⅞" triangles.

From the Starlet - Royal (E), cut:

- (1) 5 ⅞" x WOF strip. Sub-cut (2) 5 ⅞" squares.

From the Starlet - Kelly (F), cut:

- (1) 6 ¼" x WOF strip. Sub-cut (4) 6 ¼" squares. Cut the squares across both diagonals to make (16) 6 ¼" triangles.

From the Bowling Balls - Dark Blue (G), cut:

- (2) 5 ⅞" x WOF strips. Sub-cut (8) 5 ⅞" squares. Cut the squares across (1) diagonal to make (16) 5 ⅞" triangles.

From the Tossed Bowling Pins - Black (H), cut:

- (1) 5 ⅞" x WOF strip. Sub-cut (4) 5 ⅞" squares. Cut the squares across (1) diagonal to make (8) 5 ⅞" triangles.

From the Starlet - Ivory (I), cut:

- (2) 6 ¼" x WOF strips. Sub-cut (8) 6 ¼" squares. Cut the squares across both diagonals to make (32) 6 ¼" triangles.
- (1) 5 ⅞" x WOF strip. Sub-cut (2) 5 ⅞" squares.
- (3) 2 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 ½" x 60 ½" strips.
- (3) 2 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 ½" x 44 ½" strips.

From the Tossed Neon Bowling Signs - Medium Blue (J), cut:

- (4) 6 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 6 ½" x 66 ½" strips.
- (3) 6 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 6 ½" x 58 ½" strips.

From the Bowling Pins, Balls & Signs - Black (Backing), cut:

- (2) 86" x WOF strips for the backing. Sew the strips together and trim to make the 66" x 86" back.

Block Assembly

Note: The arrows figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a ¼" seam allowance with right sides together (RST) unless otherwise noted.

1. Sew (1) 2" x 41 ½" Fabric B strip to each side of 21 ½" x 41 ½" Fabric A rectangle. Sew (1) 2" x 24 ½" Fabric B strip to the top and to the bottom of the Fabric A rectangle to make the Center Block (Fig. 1). **Trim the block to measure 23 ½" x 43 ½".**

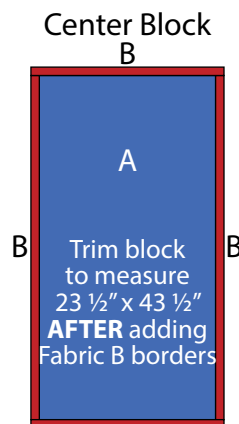
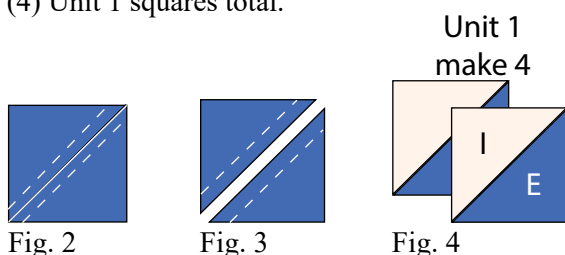
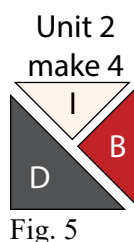


Fig. 1 B

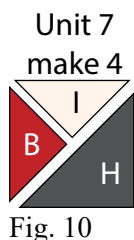
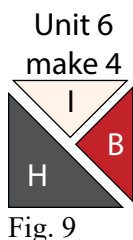
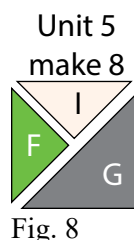
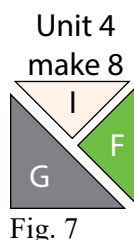
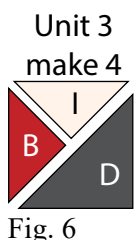
2. Place (1) 5 7/8" Fabric E square on top of (1) 5 7/8" Fabric I square, right sides together. Draw a line across the diagonal of the top square (Fig. 2). Sew 1/4" away from each side of the drawn diagonal line (Fig. 2). Cut the (2) squares apart on the drawn diagonal line (Fig. 3) to make (2) half-square triangles. Trim the half-square triangles to measure 5 1/2" square to make (2) Unit 1 squares (Fig. 4). Repeat to make (4) Unit 1 squares total.



3. Sew (1) 6 1/4" Fabric I triangle and (1) 6 1/4" Fabric B triangle together along short sides. Sew (1) 5 7/8" Fabric D triangle to the long side of the newly sewn triangle to make (1) 5 1/2" Unit 2 square (Fig. 5). Repeat to make (4) Unit 2 squares total.



4. Repeat Step 3 and refer to Figures 6-10 for fabric identification, placement and orientation to make (4) Unit 3 squares, (8) Unit 4 squares, (8) Unit 5 squares, (4) Unit 6 squares and (4) Unit 7 squares.



5. Follow Figure 11 and sew together (10) assorted units to make (1) Side Border. Repeat to make a second Side Border.

Side Borders

make 2



Fig. 11

6. Follow Figure 12 and sew together (8) assorted units to make the Top Border. Repeat to make the Bottom Border.

Top/Bottom Borders

make 2

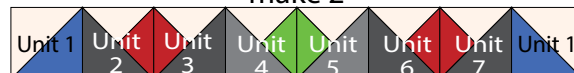


Fig. 12

Quilt Top Assembly

(Follow the Quilt Layout while assembling the quilt top.)

7. Sew (1) 3" x 43 1/2" Fabric C strip to each side of the Center Block. Sew (1) 3" x 28 1/2" Fabric C strip to the top and to the bottom of the Center Block.

8. Sew (1) 1 1/2" x 48 1/2" Fabric B strip to each side of the Center Block. Sew (1) 1 1/2" x 30 1/2" Fabric B strip to the top and to the bottom of the Center Block.

9. Sew (1) Side Border to each side of the Center Block.

10. Sew the Top Border and Bottom Border to the top and to the bottom of the Center Block.

ROCK 'N BOWL

Quilt 1

Page 3

11. Sew (1) 2 ½" x 60 ½" Fabric I strip to each side of the Center Block. Sew (1) 2 ½" x 44 ½" Fabric I strip to the top and to the bottom of the Center Block.

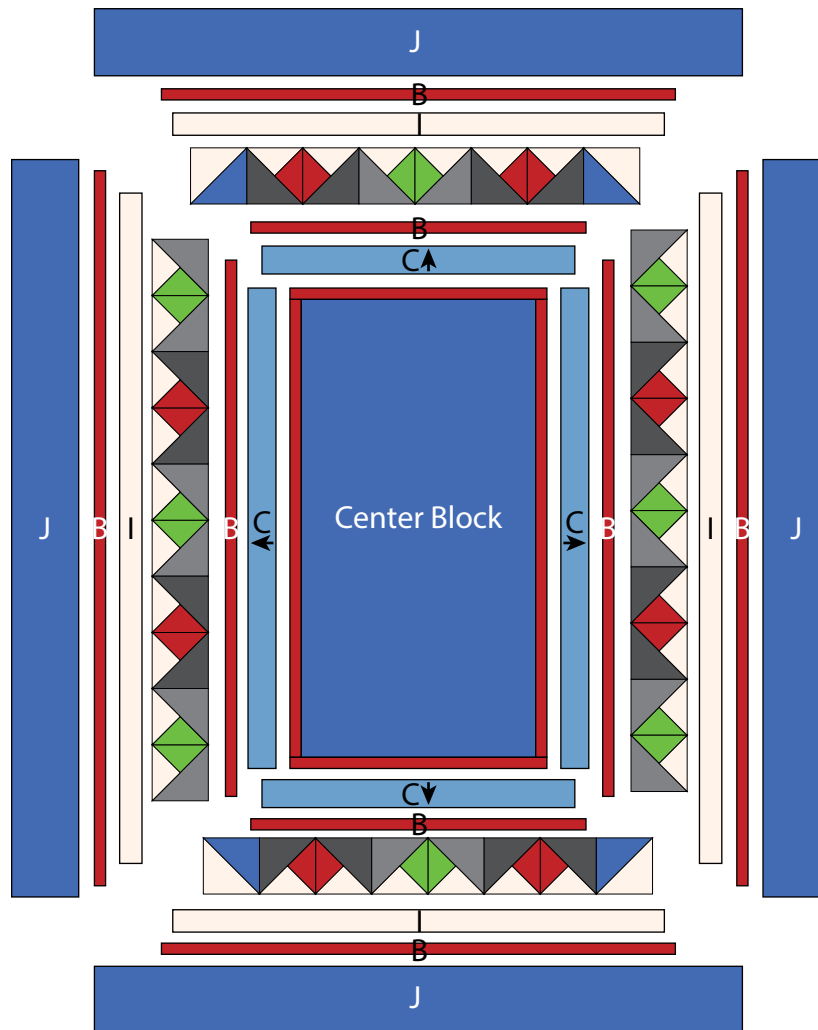
12. Sew (1) 1 ½" x 64 ½" Fabric B strip to each side of the Center Block. Sew (1) 1 ½" x 46 ½" Fabric B strip to the top and to the bottom of the Center Block.

13. Sew (1) 6 ½" x 66 ½" Fabric J strip to each side of the Center Block. Sew (1) 6 ½" x 58 ½" Fabric J strip to the top and to the bottom of the Center Block to make the quilt top.

14. Layer and quilt as desired.

15. Sew the (7) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

16. Bind as desired.



Quilt Layout

Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.blankquilting.net for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.